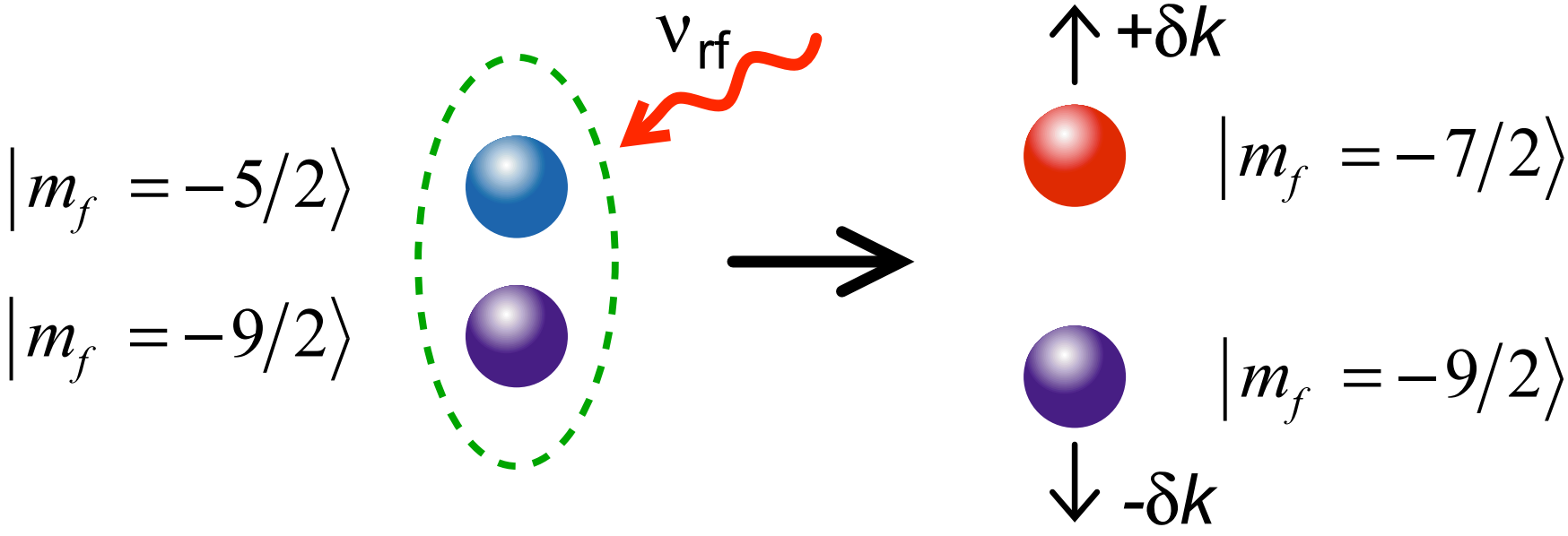
$\nu_{rf}$
$|m_f = -5/2\rangle$
$|m_f = -9/2\rangle$
$+\delta k$
$|m_f = -7/2\rangle$
$|m_f = -9/2\rangle$
$-\delta k$