$$\begin{split} A_{\downarrow}(\omega,k) &= \mathrm{Im} \left(\omega - \epsilon_{k}^{\downarrow} - \Sigma_{\downarrow}(\omega,k) \right)^{-1} \\ \Sigma_{\downarrow}(\omega,k) &= \int dz \, \Gamma_{\downarrow}(z,k) / (2\pi(\omega-z)) \\ \Gamma_{\downarrow}(\omega,k) &= \int_{0 < \epsilon_{k} < \omega} d^{3}q / (2\pi)^{3} \Lambda(\omega + \epsilon_{q}^{\uparrow}, k+q) \\ \Lambda(\omega,k) &= 2\mathrm{Im}T(\omega,k) \\ T(\omega,k) &= (4\pi\hbar^{2}/m) / (a^{-1} + \Theta(\omega,k)) \\ \Theta(\omega,k) &= \int \frac{dz}{2\pi(\omega-z)} \int \frac{d^{3}q}{(2\pi)^{3}} \\ & \left[\frac{1 - f_{k/2+q}^{\uparrow} - f_{k/2-q}^{\downarrow}}{\omega - \epsilon_{k/2+q}^{\uparrow} - \epsilon_{k/2-q}^{\downarrow}} - \frac{m}{k^{2}} \right] \end{split}$$